

# FRESH UPDATES

Week 17 - April 19

**GAMBLES** 

## GOOD BUYS

Apples  
Asparagus  
Easy Peelers  
Mushrooms  
Celery  
Potatoes

### Apples & Pears

**Apples** - We have many options of local Ontario apples and Washington varieties including Envy™, Honeycrisp, Gala, McIntosh, Ambrosia and more!

**Pears** - We are carrying Bosc and Anjous from Washington, with consistent availability. A fresh arrival of Argentina Bartletts and South African Bosc are also available.

### Pineapples

Pineapple supply continues to be limited on all sizes for both conventional and organic. It will be a week or so before this market returns to normal. Reach out to your Sales Rep to reserve now!

### Kiwi

We have good availability of Greek Kiwi, in both clamshell and volume fill. The last of the Italian kiwi is expected in next week. Inquire with your Sales Rep about details!

### Avocados

The market supply and pricing has stabilized and should stay strong throughout April. Quality and taste are exceptional at this time of year!

### Bananas & Plantains

The banana market remains tight, especially on premium #1. Baby banana and manzano are stable. Demand on organic 13x3lb is higher than usual- talk to your Sales Rep to book in advance! Fairtrade organic 40lb is a great alternative as well.

### Mangoes

We are receiving good volumes of mangoes! There are great quantities of Ataulfo's in the market with prices holding steady. We also have a full line of Mexican fruit available, including Tommy/Haden and Ataulfo.

### Watermelon

Florida watermelon bin season will now start trickling in with full volumes expected to hit beginning of May. Pricing is high but should be coming down in the following weeks. Personal-sized watermelons will remain tight until we move into May.

### Melons

We are coming to the end of offshore season, with the West coast deal starting up the first week of May. A full line up of melons including specialties will be available mid May.



## Grapes

**Red Seedless** - The red grape market has come down slightly in FOB pricing with more supply available. Mexico is just around the corner- red grapes will likely start behind green in the 3rd week of May. Next week will feature Jumbo Allisons, Sweet Celebration and Krissy varieties.

**Green Seedless** - Although volumes have improved, quality will be hit and miss on some varieties for the rest of the Chilean season. We are seeing mixed quality and condition, making it harder for marketers and retailers. This market is still holding in the low-mid 40's for these late green grapes. We will have new arrivals of Sweet Globes and Jumbo Timpson next week.

## Plums

We have a fresh arrival of Angelino plums from Chile! Sizes range from 50/55 - 55/60 volume filled.

## Pomegranate

We have great looking Peruvian pomegranate in stock! Contact your Sales Rep for more information.

## Blueberries

The Florida deal is going well. We should see great availability and promotable periods as Georgia has started early. Price will likely come down next week. We expect this to be a good year to do blueberry promotions!

## Clementines/ Easy Peelers

We have a fresh arrival of Moroccan Nadorcotts! There is about 2-3 weeks left for this program. Israeli Orri are in stock. California W. Murcotts are available in small sizes as well as bags- see your Sales Rep for details.

## Raspberries

Availability remains tight on raspberries. Rains on the West coast are making it difficult for product to be picked. We have Organic Dole raspberries in stock for a great price.



## Strawberries

Volume in the strawberry market has come back up with lots of loads available, but with possibility of rain it may tighten back up. Try to take advantage of price while you can!

## Blackberries

Blackberries are experiencing higher pricing than normal. We expect availability to increase throughout the month and into May.

## Lemons

The US market feels like it may start to inch up, however there is still lots of availability out there! Smaller sizes are tighter (140 and smaller).

## Oranges

All orange varieties are available! Large fruit remains abundant while small fruit is still hard to source, driving up prices. We pack fresh bags every day in both Sunkist and Choice grades. Juice oranges out of Florida are winding down- we will get into storage fruit and prices will increase.

## Grapefruit

Most Florida shippers are close to being done and quality has recently been just fair. Our first of the season California fruit has arrived and looks great! We will have these until RSA begins in mid-late May.



## ORGANIC ITEMS!

Avocados  
Carrots  
Pineapples  
Mushrooms  
Fair Trade Bananas

## LOCALLY GROWN

- Apples
- Mushrooms
- Potatoes
- Onions
- Mini Cucumbers
- Carrots

### Limes

Supply is good on limes. We have a new arrival of all sizes in stock. 40lb cartons are selling quickly. We do have 54s (10lb) as an alternative!

### Hot House Peppers

Local season has started with a heavy supply and lots of medium-sized peppers, as well as mini peppers! There are good deals out there right now. We should see a good season ahead of us.



### Peppers

We aren't seeing any major issues in this market. Supply is steady out of Florida with average pricing and fair quality. This is a good time to promote!

### Asparagus

This market remains steady. We will have 11lb LG Dole asparagus available to start the week.

### Cauliflower

The US market is steady. A fresh load of Nature's Reward will be available to start the week.

### Broccoli

The US market remains steady. We have a fresh arrival of Andy Boy bunches and Little Bear crowns available.

### Cucumbers

The cucumber market has come down significantly. Volumes are very high, and pricing is low. This is a good promotable time!

### Squash

The squash market is starting to tighten up due to field gaps, but pricing is still reasonable. We are currently getting good quality product out of Mexico. All varieties are available including buttercup, spaghetti, butternut and pepper!

### Zucchini

The zucchini market has flooded. Good weather is ensuring lots of supply. This is a good time to push!

### Eggplant

The eggplant market is starting to loosen up because new grower area has started. Price continues to be on the high side and quality is fair.

### Hot House Tomatoes

This market has come down. We are seeing large volumes and low pricing.

### Tomatoes

The tomato market is being heavily affected by bad weather. Supply is short and larger tomatoes are becoming harder to source. Quality is fair and price is on the high side.

### Celery

This market remains active. 24s Naked Amaral celery will be available to start the week.

### Lettuce

This market remains very active. Fresh arrivals of 24s Snoboy and Andy Boy are expected over the weekend.

### Mixed Greens

We have Texas product from Little Bear available, including kale, collards, parsley, cilantro, dill, methleaf, daikon and more. We will start to transition to New Jersey product- look out for it next week!

### Garlic

We are carrying 30lb- Colossal Argentinean garlic. Contact your Sales Rep to place an order!

## Mushrooms

Mushroom supply remains very steady, with great pricing and quality. Varieties include traditional white, brown and portabella, as well as local Oyster and King Oyster packages. Contact your Sales Rep to place an order!

## Carrots

We have great quality local Carrots in stock. We will transition into USA/Mexican crop in the next couple of weeks. Carrot prices remain on the high side, although they have been holding steady. We will continue to have a deal on Jumbo Carrots!

## Corn

We have a fresh load of Florida Yellow and Bi-Colour corn expected in shortly. Contact your Sales Rep to place an order!

## Beets

This market has transitioned to Mexican beets. We'll see a slight gap on Stripe Beets through April until US products become available in May. We currently have Red and Gold beets in stock!

## Onions

Pricing on Washington storage onions are softening up with more availability of southern USA new crop. Reds are rising due to a gap between storage and new- this should soften up when new crop catches up. Local onions are plateauing but holding high pricing. We advise to keep any storage crop as light as possible to avoid sprouting. We will have Georgia Vidalia sweet onions in stock this week!



**Vidalia  
Sweet  
Onions!**

## Potatoes

We have a full variety of Potatoes available in all colours! This market remains steady with great quality and quantity. Florida new crop Potatoes in all colours are moving fast. This is a good opportunity to promote.

**Snack  
Time!**



Clear Springs Farms' goal is to produce the highest quality blueberries to customers throughout the year. This sweet, crunchy and healthy fruit can be enjoyed on its own or used in many culinary dishes!



**Endless  
ways to  
enjoy!**



**GAMBLES**

For more information or to place an order, please contact your Gambles Sales Rep.  
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