

FRESH UPDATES

Week 18- April 26

GAMBLES 

GOOD BUYS

Apples
Asparagus
Easy Peelers
Mushrooms
Celery
Potatoes

Apples & Pears

Apples - We have many options of local Ontario apples and Washington varieties including Envy™, Honeycrisp, Gala, McIntosh, Ambrosia and more!

Pears - We are carrying Bosc and Anjous from Washington, with consistent availability. A fresh arrival of Argentina Bartletts and South African Bosc are also available.

WASHINGTON
FRUIT GROWERS



Pineapples

Pineapple supply remains limited on all sizes for both conventional and organic. We are hoping this will return to normal shortly. Reach out to your Sales Rep to reserve now!

Avocados

Pricing and availability will continue to stay strong in all sizes as we get into early May. New crop Mexican may be available towards the end of May. Quality and taste are exceptional at this time of year!

Bananas & Plantains

The banana market remains tight, especially on premium #1. Demand on organic 13x3lb is higher than usual- talk to your Sales Rep to book in advance. Fairtrade organic 40lb is a great alternative, and we have plenty of Baby Banana and 20lb Plantain to offer!

Kiwi

We have good availability of both Greek and Italian Kiwi. Our first arrival of Zespri Gold is expected this week! Inquire with your Sales Rep about details.

Mangoes

Volumes are very steady for mangoes! There are great quantities of Ataulfo's in the market with good pricing. We also have a full line of Mexican fruit available, including Tommy/Haden and Ataulfo.

Watermelon

Florida watermelon bin season is just around the corner, with full volumes expected to hit beginning of May. Pricing is high but should be coming down in the following weeks. Personal-sized watermelons will remain tight until May.

Melons

We are coming to the end of offshore season, with the West coast deal starting up the first week of May. Look out for a full line up of melons including specialties mid-May!

Grapes

Red Seedless - The red grape market will be fairly tight moving into May due to imports from Chile. Pricing will stay high on red grapes as the green grape market is seeing upward pricing pressure. Next week will feature Krissy and Jumbo Sweet Celebrations.

Green Seedless - Supply will be short for the rest of the Chilean season. Volumes should improve next week but there will be a shortfall of green grapes. We will have some late season Peruvian Sweet Globes available in the market. This market is expected to go into the mid-high 40's for these late green grapes. Next week will feature Sweet Globes and Thompsons.

Plums

We will have great quality Red Angelino plums from Chile next week! Sizes will range from 50/55-55/60 volume-filled.

Pomegranate

We have great looking Peruvian pomegranate in stock! Contact your Sales Rep for more information.

Blueberries

The Florida deal is going well. Georgia has started early and should present great availability and promotable periods. Price will likely come down next week. We expect this to be a good year to do blueberry promotions!

Clementines/ Easy Peelers

We have a fresh arrival of Moroccan Nadorcotts! There is about 1-2 weeks left for this program. California W. Murcotts are available in small sizes as well as bags- see your Sales Rep for details.

Raspberries

Availability remains tight on raspberries. Poor weather on the West coast is making it difficult for product to be picked.

Strawberries

Volume in the strawberry market has picked back up with lots of loads available. There is the possibility that rain may affect this. Try to take advantage of price while you can!



Blackberries

Pricing on blackberries is still on the high side. We expect availability to increase as we finish off April and move into May.

Oranges

All orange varieties are available! We are seeing high volumes of large fruit, while small fruit is still hard to source, driving up prices. We pack fresh bags every day in both Sunkist and Choice grades. Juice oranges out of Florida are winding down- once we get into storage fruit, prices will increase.

Grapefruit

Most Florida shippers are close to being done and quality has recently been just fair. Our first of the season California fruit has arrived and looks great! We will have these until RSA begins in mid-late May.

Lemons

The US market feels like it may start to inch up, however there is still lots of availability out there! Smaller sizes are tighter (140 and smaller).

**ORGANIC
ITEMS!**

**Avocados
Carrots**

**Pineapples
Mushrooms**

Fair Trade Bananas

LOCALLY GROWN

- Apples
- Mushrooms
- Potatoes
- Onions
- Mini Cucumbers
- Carrots

Limes

We are seeing good supply in this market. We have all sizes available with great quality. MEX and HON options are still in stock.

Hot House Peppers

Local season has begun with lots of volume of medium-sized peppers, as well as mini peppers! There are good deals out there right now. We expect a good season ahead of us!

Peppers

We aren't seeing any major issues in this market. Supply is steady out of Florida with average pricing and fair quality. This is a good time to promote!

Cauliflower

The US market is steady. A fresh load of Nature's Reward will be available to start the week.

Broccoli

The US market remains steady. We have a fresh arrival of Andy Boy bunches and Little Bear crowns available.

Asparagus

This market remains steady. We will have 11lb LG Dole asparagus available to start the week.

Cucumbers

The cucumber market has come down significantly. Volumes are very high, and pricing is low. This is a good promotable time!



Squash

The squash market is starting to tighten up due to field gaps, but pricing is still reasonable. We are currently getting good quality product out of Mexico. All varieties are available including buttercup, spaghetti, butternut and pepper!

Zucchini

The zucchini market has flooded. Good weather is ensuring lots of supply. This is a good time to promote!

Eggplant

The eggplant market is starting to loosen up because new grower area has started. Price continues to be on the high side and quality is fair.

Hot House Tomatoes

This market has come down. We are seeing lots of availability with low pricing.

Tomatoes

The tomato market is being heavily affected by bad weather. Supply is short and larger tomatoes are becoming harder to source. Quality is fair and price is on the high side.

Celery

This market remains active. 24s Naked Amaral celery will be available to start the week.

Lettuce

This market remains very active. Fresh arrivals of 24s Snoboy and Andy Boy are expected over the weekend.

Mixed Greens

We have Texas product from Little Bear available, including kale, collards, parsley, cilantro, dill, methleaf, daikon and more. We will start to transition to New Jersey product- look out for it next week!

Fiddleheads

Fiddlehead season is just around the corner, and it doesn't last long! Contact your Sales Rep for more details and to pre-book your orders now.

Rhubarb

Get ready for the fresh, tangy taste of locally grown Ontario rhubarb. In stock soon!

Mushrooms

Mushroom supply remains very steady, with great pricing and quality. Varieties include traditional white, brown and portabella, as well as local Oyster and King Oyster packages. Contact your Sales Rep to place an order!

Carrots

We have great quality local Carrots in stock. We will transition into USA/Mexican crop in the next couple of weeks. Carrot prices remain on the high side, although they have been holding steady.

Corn

We have a fresh load of Florida Yellow and Bi-Colour corn available. Contact your Sales Rep to place an order!

Garlic

We are carrying 30lb- Colossal Argentinean garlic. Contact your Sales Rep to place an order!

Beets

We currently have Mexican Red and Gold beets in stock! We'll see a slight gap on Stripe Beets until US products become available in May.

Onions

Pricing on Washington storage onions are softening up with increased availability of southern USA new crop. Reds are rising due to a gap between storage and new- this should soften up when new crop catches up. Local yellow onions are plateauing but holding high pricing. We advise to keep any storage crop as light as possible to avoid sprouting. Georgia Vidalia sweet onions are now available!

Potatoes

We have a full variety of Potatoes available in all colours! This market remains steady with great quality and quantity. Florida new crop Potatoes in all colours are moving fast. We will slowly transition to California new crop potatoes this coming week.

**Go
Bananas!**



**Endless
ways to
enjoy!**



Have you met a fruit more versatile than a banana? They do it all! On their own, in a smoothie, combined into baked goods or sliced onto toast, their sweet, creamy flavour is enjoyed across the globe year-round. This year, Dole celebrates 125 years of their commitment to growing the highest quality banana's.



GAMBLES

For more information or to place an order, please contact your Gambles Sales Rep.
240-165 The Queensway, Toronto, Ontario, M8Y 1H8 | goproduce.com