

FRESH Updates

Week 18 - April 25



GAMBLES 



- Kiwi
- Carrots
- Mangoes
- Lettuce
- Oranges
- Potatoes

Apples & Pears

Apples - We offer a wide selection of locally sourced apples from Ontario and Washington, all in top-notch condition.

Pears - Fresh shipments have just arrived from Argentina, Chile, and South Africa. Our inventory of Washington Anjou Pears is regularly restocked, and we are excited to introduce a new supply of Bosc pears from South Africa.

Kiwi

The final shipments of Greek and Italian goods have arrived, marking the end of the season until we transition to Chile.

Pineapples

All Pineapple supply is still tight. And we fruit is arriving with higher maturity than usual. Gambles is currently offering MEX pineapple in size 6ct and 8ct. And ORG are in very low supply, showing only 8ct available. Reach out to your sales ASAP to reserve yours!

Avocados

We should start to see some new fruit from Jalisco, Mexico, starting in the next 2 weeks. This will help relieve pricing. Michoacán, Mexico, old fruit is still in very high demand and could increase pricing over the next 2 weeks.

Papaya

Papaya is currently being sourced from / Guatemala and Mexico as required. For further details, please contact your sales representative.

Bananas & Plantains

All banana SKUs and Plantain 50lb are currently tight. Recent increased demand and further vessel delay is working together continuously to making situation tight compared to last week. There is no extra fruit available and currently doing best to serve existing regular customers.

Mangoes

Supply is in good shape. Some MEX Atkin Tommy is showing quality concerns in the market. Gambles is now offering SUGAR BABY MANGO 2KG early next week, providing the best quality and price in the market. We continue to offer RIPE PERU KENT 5.5KG as well. Reach out to your sales team to get more information.

Melons

Cantaloupe & Honeydew: At present, these fruits are primarily imported from abroad. Arizona's season is set to commence next month, followed by California's. Meanwhile, Mexican produce is starting to arrive, featuring limited quantities of cantaloupe and a good supply of honeydew.



Grapes

Green Grapes - The market has seen a significant rise in FOB prices for high-quality grapes. Chile is expected to produce around 8 million boxes of Autumn Crisp, though its size and quality are inferior to Peru's. Mexico will start with decent volumes by late May, beginning with Early Sweets, followed by Sweet Globes and Autumn Crisp from Chile next week.

Black Grapes - Sweet Flavors and Black Sables from Chile will be available for next week. Quality looks good. Supply will be steady for the next few weeks.

Red Grapes - Red Seedless exports have exceeded green seedless, surpassing 1.2 million boxes last week for two consecutive weeks. However, some Chilean fruit shows decay due to recent heavy rains. Mexico will begin harvesting Allisons by late May or early June, with Sweet Celebrations, Allison, and Red Globe Grapes in next week's lineup.

Strawberries

Florida and most of Mexico is now done, with lots of fruit coming out of California. Delayed growing in the early regions has caused it to hit full production as newer regions start. They will be a good promo time until late May!

Watermelon

Mexico is currently facing limited supply, but this is anticipated to improve next week with the addition of new regions. Although prices are high at the moment, they may lower soon. Arizona's supply is set to start in a month, while Mexico continues to be a significant source for the time being.

Clementines Easy Peelers

We provide weekly shipments of U.S. Sunkist W. Murcotts, Israeli Orris, and Moroccan Nadorcotts. U.S. fruit is high-quality and competitively priced, available in bulk and 2 lb. bags. Israeli Orris is very sweet, while Moroccan Nadorcotts are in decreasing supply due to high demand. Sumo mandarins are almost out of season. Please coordinate with your sales representative for orders.

Grapefruit

We anticipate receiving a new shipment of Moroccan Grapefruit at the beginning of the week, offered in a variety of sizes ranging from 35 to 55.

Stone Fruit

We have 10x2lb of Nectarines, Plums, and Peaches, along with 9kg of bulk Peaches, Plums, and Nectarines from Chile. California Stone Fruit season starts mid to late May, with Plums available two weeks later, and the crop is expected to be more abundant than last year.

Blueberries

We have moved our supply chain operations to Florida, while still sourcing some products from Mexico. Due to increasing costs, we will prioritize 6oz packs as our preferred choice until May, considering the impact of cold weather conditions.

Pomegranates

Fresh pomegranates from Peru (sizes 5-12) are arriving on April 11th. The "Wonderful" variety is the most popular, known for its sweet taste and vibrant red colour.

Oranges

California oranges are currently flavorful with available deals. Moroccan Navels (sizes 48 to 105) are arriving this week, and Egyptian Valencias for juicing are expected by the weekend. Blood oranges are mostly smaller, with limited larger sizes, while the Sanguinelli variety will start next week. Minneolas are available in large sizes and bags. Cara Caras come in bulk (48/56 Fancy, 72 Choice) and 3 lb. bags—contact your rep for details.

Lemons & Limes

The lemon market is currently low, featuring a steady supply of high-quality U.S. lemons suitable for promotions. South African lemons are expected in early May. In contrast, the lime market remains strong and has not softened, with consistently good quality.

Blackberries

The availability of Mexican products is starting to decrease. Blackberries are currently in short supply and quite firm, leading to restricted access. Worries about volume will continue until supplies of U.S. products arrive.

Raspberries

The demand for Mexican products is starting to wane. Until U.S. products gain dominance, volume will remain a significant concern.



Hot House Peppers

Canadian pepper production is on the rise, showcasing outstanding quality that presents an excellent opportunity for promotions. For more information, reach out to your Sales Representative.

Hot House Cucumbers

This year's boost in crop production has alleviated the typical shortages. Additionally, Canada's supply remains consistent, delivering exceptional quality.

Peppers

The pepper market is stable with consistent supply and favorable prices in Florida. This presents a great opportunity for promotion, with nearly three weeks left in the season.

Cauliflower

The U.S. market remains stable, and we anticipate that new T&A 9s and 12s will be available this weekend.

Broccoli

Market conditions continue to be stable. We are currently loading Andy Boy broccoli from Salinas, and shortcut crowns are also on offer.

Asparagus

The market continues to stay steady. A new delivery of 11-pound Dole asparagus is expected to arrive this weekend.

Celery

The U.S. celery market remains steady. Be sure to check out Dole and Snoboy brands available this weekend.

Eggplant

The supply remains consistent with no significant fluctuations. Prices are fair, making it an ideal time for promotion.

Cucumbers

Prices are decreasing, which is a positive development. Supply remains stable, showing no significant fluctuations.

Zucchini

As the warmer months draw near, the market is starting to decelerate. Prices are dropping while still ensuring high quality. This creates an excellent opportunity to promote this product.

Squash (Butternut, Spaghetti, and Acorn)

The cooler weather in Mexico has constrained the supply of buttercup and butternut squash, leading to higher prices. In contrast, acorn and spaghetti squash supplies remain stable.

Napa Cabbage

The U.S. market is witnessing growth, marked by rising prices and enhanced quality. For more details, please contact your Sales Representative.

Mixed Greens

We are thrilled to showcase Little Bear products from Texas, featuring exceptional quality cilantro, dill, parsley, methi leaf, kale, radish, and much more.

Salads

The prices of most salads have remained stable, with the exception of shredded cabbage, which has experienced some fluctuations. All salad supplies are being sourced from California after complete transition.

Corn

New shipments of yellow and bi-color corn are consistently arriving from Florida! Contact your sales representative for further details.

Green Beans

The green bean market from Mexico and the US is tight due to cold weather in Mexico and increased demand from the Easter holiday. Prices have risen sharply but are expected to decrease in about a week.

Tomatoes

The field tomato market is experiencing some fluctuations this week due to elevated a. With an abundance of supply, prices have dropped considerably. However, in approximately ten days, supply is expected to decrease, and prices will likely revert to their usual range.

Roma Tomatoes

Quality issues are affecting Roma tomatoes this week as harvests come to a close in older growing regions. In approximately ten days, production will transition, and market conditions are anticipated to improve by next week.



Hot House Tomatoes

Canadian tomato production is on the rise, showcasing outstanding quality that presents an excellent opportunity for promotions. For more information, reach out to your Sales Representative.

Florida Tomatoes

The recent cold and windy conditions have led to bloom drop, resulting in yields being around 50% of the usual amount. Consequently, the supply is currently quite restricted.

Okra

We are in the process of sourcing high-quality Indian Okra and Baby Okra as needed. Please make sure to place your orders ahead of time.

Ginger

Chinese ginger is now fresh and available, along with organic Peruvian ginger and turmeric. For more details, contact your sales representative.

Loose Garlic

New shipments of high-quality Chinese and Argentina Purple garlic have arrived. For more details, please contact your representative.

Mushrooms

The market offers stable pricing and quality for local mushroom varieties, including White, Brown, Portabella, Oyster, and Shiitake, as well as specialty varieties available for pre-order.

Carrots

The local supply of carrots is dwindling, so we will look into sourcing options from the U.S. or Mexico to facilitate the transition.

Fiddlehead

Canadian Fiddlehead season are about to start. For more information, reach out to your Sales Representative.

Lettuce

The market is steady. New arrivals of Freshkist, Andy Boy, and Snoboy Cello Lettuce expected this weekend.

Beets

We offer Mexican red beets and Canadian gold and striped varieties in 25-pound bulk packages at competitive prices. Contact your Sales Representative for more information.

Onions

U.S Spanish and red onions we have are still storage crop last year, they are still great quality for the time of the year, and cheaper than new crop onions. Local yellow and limited red options are still available. The last batch of Mexican Sweet Onions is available, transitioning to U.S Georgia Vidalia onions by month-end.

Potatoes

We offer a range of local potatoes in various sizes and colors, including Florida potatoes. We will transition from Florida to new crop California potatoes in couple of weeks. Although supply is limited this season, sweet potatoes are still available for retail and restaurant use.

Rhubarb

Canadian Rhubarb season are about to start. For more information, reach out to your Sales Representative.

Packed with
Umami Flavour.



Locally Grown
& Organic!

Experience the finest organic shiitake and oyster mushrooms sourced from Ontario!



GAMBLES

For more information or to place an order, please contact your Gambles Sales Rep.
240-165 The Queensway, Toronto, Ontario, M8Y 1H8 | goproduce.com