

FRESH UPDATES

Week 24 - June 9

GAMBLES 



GOOD BUYS

Apples
Oranges
Avocados
Grapefruit
Bananas
Berries

Apples & Pears

Apples - Supply remains good on Washington varieties as well as local, which is winding down in the next couple weeks. Try a different variety - Honeycrisp, Gala, Ambrosia, Jazz, the sweet Envy™ Apple and more!

Pears - Availability and quality is good on Anjou & Bosc Pears from Washington region and on off-shore South African and Argentina Bartlett's.

Pineapples

Pineapple in general is now in better supply and price is decreasing with conventional product. Organic fruit is also available! Contact your Sales Rep.

Kiwi

New Zealand Zespri Gold Kiwi are now in!
Chilean Green Kiwi are in stock - both clamshell and volume fill available. Good time to promote!

Avocados

The new area in Jalisco has started up and all sizes are available. The quality is excellent! We can custom ripen the newer fruit to your needs. Contact your Sales Rep for more info.

Bananas & Plantains

Cabana Dole will be tight for the next week. But the rest will be in better shape as extra load is expected to arrive this coming Saturday. Equifruit Fairtrade is back to normal flow. We had increased orders recently and now we are meeting with customer's demand.

Mangoes

We now have Mexican Tommy Mangoes available again in size 8s, 9s, and 10s. Don't forget Ataulfo 12s.

Lemons

Looks like we will fully transition to RSA product for the summer as Sunkist has driven prices up too high on their US fruit for the time being. We do have nice arrivals coming weekly from the RSA. See your Sales Rep for details.

GO
fresh

Blueberries

NJ fresh fruit is available from next week. New PO is expected to arrive early part of the week. This will give better quality fruit in general. Price is still staying higher than usual. It will take a few weeks to settle down.

Melons

Cantaloupe is in good supply with fair price and fair quality.

Honeydew is very tight - we are ending the gap shortly and product levels will return in the next couple weeks. Expect all Melons for the rest of the season to be inconsistent. May not be the best time for promotions.

Watermelons

Watermelons will be tight for the next while. Product out of Florida is not readily available and Georgia has not fully started. Farmers expect shortages for the upcoming July 4 holiday in the USA. Also, Mexico quality is suspect with low volumes. We are seeing small sizing now, unlike the large sizing we had early in the season.

Cherries

California Cherries are now in weekly. We'll be transitioning to Washington regions next week with early varieties.

Grapes

By the end of next week, our first of the season Mexico Grapes including Green Black and Red will be available. Contact your Sales Rep for more information.

Pomegranate

Supply is short on Pomegranates. Contact your Sales Rep for details.

Strawberries

Strawberries are in good supply. Great quality! Ontario local field Strawberries are now also available at the market!

Blackberries

Blackberry quality is great! But they are very short. Price is increasing. We have both Sun-Belle and Driscoll's label available! Talk to your Sales Rep to reserve fresh Blackberries!



Raspberries

Raspberry quality has improved with normal supply. We are offering both Driscoll's & Sun Belle brand Raspberries.

Grapefruit

We have some beautiful RSA fruit in. Please have a look or speak to your Sales Rep.

Clementines & Mandarins

California fruit is now done. We have received our first RSA fruit and they came and went fast on this HOT/short market. We will have more arrivals next week. We will also have Peruvian Oro Grande variety Clementines due in this week that are supposed to be very nice. Please see your Sales Rep for details.

Oranges

Navels- California fruit is wrapping up fast from Sunkist. We have taken advantage of a few large deals on 36's and 40's but if you missed them, it looks to be over now. As well as a HOT special on 48/56 Cara Cara. Also done now. We still have a steady supply of navels form our usual Exeter citrus "Skyrocket" label and should be good with these through June as long as customers still want them. They will be the best eating but will look pricey once we start with RSA fruit. We should have our first arrivals of RSA week 25. Pricing looks to be steady out of there although we have been facing a few delays due to rain, high winds etc. which has impacted some of the vessels.

Stone Fruit

Apricots - Tray pack and bulk will be in tight supply for the beginning of the week, due to cooler weather affecting production in California. End of next week will feature 1lb bags and tray pack 48-50 size.

Peaches - California is in good supply on volume filled and tray pack sizes. Fruit is sizing up, larger size fruit will be an option.

Nectarines - Good supply on 2lb bags and tray packs. Fruit is starting to size up and quality is optimum.



**ORGANIC
ITEMS!**

**Avocados
Carrots
Pineapples
Fair Trade Bananas
Garlic**



LOCALLY GROWN

- **Apples**
- **Mushrooms**
- **Garlic**
- **Potatoes**
- **Onions**
- **Cabbage**
- **Carrots**

Asparagus

No issue with supplies, but a slight price increase is expected as some of fields are finishing up already. Great quality of 28lb / 28bunches of Ontario grass is available! Promote!

Hot House Tomatoes

Tomato prices remain high due to disease (Rugos). We continue to see good quantity with fair and inconsistent quality.

Eggplant

Mexico season is winding down. SunFed Eggplant program will be finished in about a week. We will start carrying multiple labels to fulfill the orders.

Hot House Peppers

Pepper supply and quality is maintaining. Cost has come down. It's a good time to promote. Contact your Sales Rep.

Limes

Lime market is flooded and there are a lot of cheap, poor quality products. We always stay fresh on Mexican Limes. Currently offer 54s, 230s. We are expecting fresh full load with all sizes arriving by coming Friday.

Broccoli

Good supplies. US market will remain steady. A fresh load of 18s Andy Boy bunches will be in over the weekend. Excellent quality of shortcut crowns is also available in Lujin label.

Cauliflower

Good supplies. FOB market has gone up slightly, but no major change is expected. Decent volume of 12s Freshkist flower will be available at a competitive price.



Cucumbers

Market is maintaining. Good quality, quantity and pricing.

Mushrooms

Quality and supply are good on White, Brown, varieties and Portabellas.

Peppers

The market is loosening. You'll see some remaining Peppers from Florida on the market with high prices and quality is concerning. We've fully switched to Georgia Peppers.

Tomatoes

The mature green Tomato market will start taking up turn upwards as we wait for Quincy region to start. We will likely have some Mexico 5X6 and 6X6 to cover the gap. Texas Romas are now in with very nice quality, but the price remains strong. You may see the price getting loosen soon.



Zucchini

Mexico season is slowing down and the production is getting lighter. Green Zucchini market is active, especially fancy and medium size. Yellow and Grey Zucchini are relatively mild. Contact your Sales Rep.

Squash

Spaghetti and Pepper Squash are becoming active. The price will remain at the high-end. Buttercup and Butternut are still having a reasonable price.

Lettuce

Good supplies. US market will stay steady for upcoming week. Fresh loads of 24s Snoboy, and Andy Boy Lettuce will be available at a competitive price. Ontario Romaine has started! Try it!

Mixed Greens

Good quality and supply. No issues with availability.

Potatoes

We have California new crop Potatoes in stock and availability is much better; market is strong and pricing will stay high due to weather related low yields. Local White Potatoes continue to serve well for the price point. PEI Russet Potatoes are beautiful and moving fast. Russet market is increasing due to a short supply this year.

Celery

Moderate supplies. US market is getting soft and market price will go down gradually. Another load of 24s Snoboy Celery will arrive over the weekend.

Beets

Mexican Red Beets are now in stock. We will mix in US Beets to ensure stock levels are good. Due to strong demand and hot weather, prices are increasing. Georgia Gold Beets are gapping while we wait for California to begin. Striped Beets from Georgia are good.

Carrots

We're keeping an eye on the market. Quality is fair at best. We will transition to Mexican in the next week or two. Prices continue to increasing as local season ends.

Corn

Moderate supplies. Georgia market has gone up slightly again due to lower production. A fresh load of Bi-Colour and Yellow Corn will be available through out the week. Moving fast. Please book ahead!

Onions

Prices are starting to creep up on local Onions, which we'll have for a short while. Quality is good. We advise customers to continue rotating products fast. We will continue with local crop for another week until we change to USA. New arrivals are in for Jumbo and colossal size Spanish Onions and Jumbo Red Onions, with new crop Onions from California and Georgia.

Contact your
Sales Rep for
more info.

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