

FRESH Updates

Week 26 - June 20



GAMBLES 



GOOD BUYS

- Lettuce
- Oranges
- Potatoes
- Kiwi
- Carrots
- Mangoes

Apples & Pears

Apples - We continue to have Apples from Washington and the quality is strong. Catch the last local Apples such as Ambrosia and MacIntosh before the season finishes.

Pears - Fresh shipments have arrived from Argentina and South Africa. Quality and flavour is excellent! Contact your sales representative for more details.

Kiwi

New Zealand Gold and Chilean green Kiwi has arrived! Quality is very good! Available in bulk or clamshell. Contact your sales representative for details.

Cherries

California season has finished up and we have is fully transitioned to the Washington region.



Avocados

Deals will be in larger sizes, 32s, 36s and 40s for the next 2 weeks. This is Jalisco new crop fruit so the ripening process will take longer if done naturally. Remember that we can custom ripen any size. 16s Ripe Avocados are always in inventory.

Papaya

Papaya is currently being sourced from Guatemala. We are now offering ripening program for Papaya to tailor to customers' preference. For further details, please contact your sales representative.

Bananas & Plantains

Bananas are in great supply! All SKUs are offered at the best quality. Port delays are still happening which might affect fruit availability and scheduling in the future. We offering special pricing on 13X3lb conventional bag SKU. Plantains are also in great condition and supply.

Mangoes

Mexican Tommy season is towards the last batch. We are currently carrying HADEN/ KENT or TOMMY and select to offer the best quality Mango at the market. All varieties have the best pricing so far for this season!

Melons

Cantaloupe & Honeydew: We've now started receiving supplies from Arizona with fair FOB pricing. With the tariffs and logistics, the landed cost is fairly high. Also available now, Golden Hami Melons with large sizing, sweet fruit.

Pineapples

Pineapple supply is tight and will stay in limited supply until later July. 7ct conventional will be harder to find so reach out to your sales representative ASAP to reserve yours!

Grapes

Green Grapes - We're starting to see better supplies coming out of Mexico and the market is starting to move down in price as more varieties and volume become available. The biggest growers indicate that there is plenty of fruit hanging and we could see prices drop. Next week will feature Early Sweets, Superiors and Sugarones and Cotton Candy Grapes!

Black Grapes - Mexican Black Grapes now available in the Summer Royal variety. Sizing and brix are optimal, market is steady with supply for the next few weeks.

Red Grapes - Even with Flame crop being damaged by rain, there's better availability of red grapes than green. We have pockets of very nice Flames. We've been waiting for Sweet Celebrations to start crossing, but growers are waiting on sugar. Early Flames from Arvin, California are about 3 weeks away. Mexican marketers may only have 4 weeks left to sell what's still hanging. Next week will feature Flames and Sweet Celebrations.

Strawberries

Good volume is expected throughout the next few weeks as Mexico and California are pushing out good volume.

Watermelon

The market is flooded with US product due to the increase in Mexican acreage. Quality is fair and we could see the market increase as Georgia is forecasted to have less volume. Tariffs are still in effect for US products.

Blackberries

The Mexican crop is winding down as the transition begins. We will see Georgian berries starting in the next couple weeks, which should alleviate supply issues.

Clementines Easy Peelers

We just have RSA fruit for now. US, Maroc & Israel are all done. Early Clementines are in and demand is exceeding supply which is typical for this time of year. Book ahead.

Grapefruit

First of the season RSA have arrived in small volumes. Logistical delays have us a little behind right now. We still have a few California around and quality is good on everything.

Stone Fruit

California is in full swing and quality is good. Fruit is sizing up! Look for Black Plums, Apricots, Donut Peaches, Bulk Yellow and white Nectarines. Yellow and White Peaches will also be available to order. New arrivals of California Quince size 28/30ct will be available early next week!

Raspberries

Currently Mexican crops are winding down. This last crop before moving to a different region. Pricing is favourable and quality is fair.

Pomegranates

Fresh arrivals due from Peru, sizes range from 5-12. "Wonderful" is the most well-known exported variety of Pomegranate, famous for its deliciously sweet taste and attractive red colour.

Blueberries

Regions have moved from Florida to Georgia and North Carolina. BC Blueberries are scheduled to be in good volume mid-July. Mexican product is still flowing at a steady rate.

Oranges

Bloods (Sanguinelli's) are almost done, stay ahead if you need.

Cara Cara are finished for the season, and a great season it was!

Navels from California have about 3 more weeks to go and prices are strong. We should have RSA by the end of the month,

Maroc Lates are still coming and they move fast so book ahead,

Egyptian Valencias are here for juicing. Book them if you need them as they could run out anytime.

Lemons & Limes

Lemon market appears to have strengthened globally with all shipping points raising prices. Strong demands in Europe are putting pressure on the South African deal, where they have seen some growing issues in some areas. So far, our fruit that has arrived has been very nice but moving very quickly. Stay ahead with your sales rep to avoid disappointment. We will continue to carry US, RSA and a Chilean program for later in the season.

Lime market has gotten much easier in the past few weeks. Look for promo deals to go with your Coronas. :)



Hot House Peppers

Canadian pepper production is growing, highlighting exceptional quality that offers a fantastic opportunity for promotions. For further details, contact your sales rep.

Peppers

Peppers are fully into Georgia. Supply is strong and prices have decreased. Quality is fabulous! Great time to promote!

Cauliflower

US market is steady. We'll have Freshkist 12s and Andoy Boy 9s. Quality is looking good!

Broccoli

Market conditions remain steady. We are currently sourcing Andy Boy Broccoli from Salinas, and shortcut crowns are also available.

Green Beans

We are in full swing with Georgia regions and the quality is good! Prices are good. It's a good time promote!

Corn

We have fully transitioned to Georgia. Quality is good! Contact your Sales Rep for details.

Asparagus

Local season is in full swing and quality is great! Available sizes are 28lb and 11lb.

Eggplant

We are fully transitioned to Georgia, leading to lower prices. Quality is very good! Contact your sales rep for more details.

Cucumbers

Field Cucumbers from Mexico are consistent with no change in the market. Prices are steady and supply is good.

Salads

We are now offering a new line up of products from GOOD LEAF!
Sweet & Spicy Mix 8X113G
Oh So Sweet Spinach 8X113G
Cool Crisp Lettuce 8X113G

We are also offering 8oz ON Leafy Salad in clamshell! The HAVEN GREENS label has 3 delicious varieties!
Baby Red & Green Leaf 4X8oz
Baby Green Leaf 4X8oz
Baby Spring Mix 4X8oz



Squash (Butternut, Spaghetti, and Acorn)

The Mexican season continues to be delayed due to weather. Smaller sizes are limited. Pricing is reasonable and quality is good. This situation will maintain until local season begins.

Napa Cabbage

The US east coast market season has started. Great quality and affordable pricing! For more details, contact your sales rep.

Mixed Greens

Local Radish is available and quality is good! We are expected to start local Kale anytime, Jersey Little Bear.

Celery

The US Celery market remains stable. Snoboy will be available next week. Contact your sales rep for more details.

Hot House Cucumbers

This year's increase in crop production has reduced the usual shortages. Canada's supply continues to be stable, with very good quality.

Tomatoes

The field Tomato market is experiencing fluctuations from Florida and Georgia. Quality is fair. Supply is tight for larger sized tomatoes and smaller sizes are good.

Roma Tomatoes

The Roma Tomato market is steady and the quality is good. Prices are good. It's a good time to promote.



Hot House Tomatoes

Canadian Tomato production is increasing and is highlighting very good quality. It's a good time to promote.

Lettuce

The market is steady and quality is good. We have Natures Reward, T&A, and Andy Boy brands.

Zucchini

Local season is about to begin. Quality is looking good. Prices are competitive.

Ginger

Fresh Chinese Ginger is in stock, along with organic Peruvian Ginger and Turmeric. For further information, contact your sales representative.

Loose Garlic

New shipments of premium Chinese and Egyptian Purple Garlic have arrived. Argentina garlic season is about to finish. For information, please reach out to your sales representative.

Carrots

Local carrot supply has finished up, and we are selling Mexican and US Carrots in retail and food service packs.

Okra

We are in the process of sourcing premium Indian Okra and Baby Okra as required. Ensure that you place your orders in advance.

Rhubarb

Canadian Rhubarb season is about to come to an end! A great addition to any store shelf. For more information, reach out to your Sales Representative.

Beets

We're offering Mexican red Beets. Gold and stripped Beets are finished for the season. Contact your Sales Representative for more information.

Mushrooms

The market provides consistent pricing and quality for a range of local mushroom varieties, including White, Brown, Portabella, Oyster, and Shiitake. Additionally, specialty varieties can be ordered in advance.

Onions

We are transitioning into new crop California Onions with a bumpy start to supply. Local yellow and limited red options are still available. We have transitioned to US Georgia Vidalia Onions. Contact your sales rep for more information.

Potatoes

We provide a variety of local Potatoes in different sizes and colours. We are transitioning to California new crop table Potatoes. While this season's supply is limited, sweet Potatoes remain available for both retail and restaurant needs.



It's
Stonefruit
Season!



Our fruit comes from family farmers, many of whom live on land farmed by their parents and grand-parents.

Old-time traditions are still practiced and knowledge is passed down, one generation to the next.

