

FRESH Updates

Week 39 - September 19



GAMBLES 



GOOD BUYS

- Lettuce
- Oranges
- Potatoes
- Kiwi (Gold)
- Carrots

Apples & Pears

Apples - New local crop is here! MacIntosh, Paula Reds and Gala apples from Washington are available as well.

Pears - Good quality on Bartlett and Bosc pears. Pears from California and Washington are now available. Contact your sales representative for more information.

Kiwi

New Zealand Gold and Chilean green Kiwi are currently in stock! The quality is excellent! Available in bulk and/or clamshell. Contact your sales representative for details.



Avocados

Quality and pricing is ideal to promote any size for September. Ask about our ripe and ready to eat avocados. Contact your sales representative for more information.

Papaya

Papaya is currently being sourced is Formosa variety from GUA now! For further details, please contact your sales representative.

Bananas & Plantains

We are keeping bananas fresh! Greener fruit for your shelf to keep longer shelf life at your stores.

Plantain supply starting to tighten up, Gambles still offers both GREEN and RIPE conditions.

Mangoes

Gambles is offering Tommy variety of red Mango from Brazil. Ataulfo supply going to be in a gap again for about 10 days as Brazil fruit is hard to find. Soon will be making its transition to Ecuador fruit. Contact your sales to reserve your mangoes today.

Melons

Cantaloupe & Honeydew: Volume and quality continues to be good coming out of California region, but sizing is down. Limited on Jumbo fruit for the next few weeks.

Pineapples

Pineapple supply slowly coming back to where it should be. Price is higher than usual, but it is coming down very quickly. Quantity is still limited on all sizes. Talk to your sales rep ASAP to reserve your fruit!

Grapes

Green Grapes - Ivory, Great Green, and Sweet Globe are the main green varieties available, with only a few growers controlling the supply of Autumn Crisp. Both Great Green and Sweet Globe have been delivering an excellent quality and great size. Autumn King's are right around the corner. Next week will feature Jumbo Autumn Kings, Sweet Globes and Great Greens.

Black Grapes - New Crop California Summer Royals are now available on the market along with Sweet Sapphire Variety. Quality is very good!

Red Grapes - Scarlett Royals, Krissy, and Allison are the main varieties available with Sweet Celebration harvests now getting underway. New arrivals "Thomcords" are now available. Next week will feature Krissy's, Sweet Celebrations, Allisons and Scarlet Royals (end of the week).

Strawberries

The market is inching up. A clear two-tiered market is emerging between late-season product from Salinas and Watsonville and new crop fruit out of Santa Maria. Oxnard production is set to begin next week, with others expected to follow in the next two weeks.

Watermelon

Local Melons are in full swing, with availability in larger 45ct & 36ct sizing. The season will not be too long so enjoy them now including the sweetest local Melon, the Sugar Baby!

Blackberries

Blackberries production will remain readily available going into September. Market demand is currently soft. Quality is very good. Berries are plump and sweet.

Clementines Easy Peelers

We continue to have excellent quality and promo pricing with your choice of varieties and sizes. See your sales rep for a customizable program both bulk and bags. Queen Mandarins from South Africa are available!

Grapefruit

Inventories are running low on RSA fruit. Stay ahead with your sales rep.

Stone Fruit

California is now shipping their later variety Large Red and Black Plums both sizing 20/25. Peaches and Nectarines will be winding down over the next few weeks. Local Ontario nectarines and peaches will be available for the next 7-10days. Local Blue Plums 8x2L finished for the season, Coronation grapes will be available for the next two weeks.

Raspberries

Raspberries production remains strong, while markets demand is moderate at best. Yields are ample in California, Baja and Central Mexico. Overall quality is very good.

Pomegranates

Egyptian Pomegranates are now finished for the season – look for New Crop U.S Pomegranates will be available for mid-end of next week size 22's

Blueberries

Prices are elevated. The Pacific Northwest blueberry season has passed its peak. Product availability is limited during this transition period. Most current offerings are offshore from Peru. Mexico season has been delayed due to rain and cool weather.

Oranges

We have good volumes and promo pricing on large fruit. (56 & larger). Smaller fruit (72 and smaller) seem to be fewer around. Contact your sales rep for more information.

Lemons & Limes

Lemons: This market remains tight. Stay ahead with your sales rep.

Limes: This market has eased up and we should see excellent quality coming with new crops. See your sales rep for promo pricing. Bags are available.



Cranberries

Fresh cranberries are about to come into season, and supplies are looking a bit lighter than last year. Weather and higher growing costs have put some pressure on certain regions, but quality is reported to be good.



ORGANIC ITEMS

- Avocados
- Ginger
- Pineapples
- Mushrooms
- Bananas

Hot House Peppers

Cooler weather helps increase in production on hot house pepper. All colours of hot house peppers are available in amazing quality.

Peppers

We are in the local season. Supply is getting tighter because of cooler weather. Prices are reasonable and quality is great. Good time to promote.

Cauliflower

US market is steady. Fresh 9s Andy Boy and 12s Freshkist are available. We have some local coming in this week. Quality is looking good!

Broccoli

The US market is steady. Andy Boy bunch broccoli is arriving regularly. Local Ontario crowns are now available daily. Pricing will surge.

Green Beans

We are in season for local produce. Prices will go up because of cooler weather slowing down production. We have wax beans available as well.

Corn

Local season is going strong, fresh arrivals of bags are in daily. Quality is good! Contact your sales rep.

Asparagus

Market is steady. We expect new arrivals of 11lbs LG from Mexico this weekend. Quality remains great!

Eggplant

We are currently in peak local season. Quality is great and Prices are reasonable. Good time to promote.

Zucchini

We are in the local season right now. Supply is tight due to cooler weather. Quality is excellent.

Salads

Taylor Farms Food Service Salads are mostly going back to flat base pricing except broccoli base SKUs.

We will see further increase on Romaine base product due to increased cost to comply CFIA regulation. Make sure to ask your sales to get most recent updated pricing.

We are offering 8oz ON Leafy Salad in clamshell! The HAVEN GREENS label has 3 delicious varieties!
Baby Red & Green Leaf 4X8oz
Baby Green Leaf 4X8oz
Baby Spring Mix 4X8oz



Hard Squash

Butternut Squash supply is steady. We have Buttercup, Spaghetti and Acorn in regular supply. For more information, contact your sales rep.

Pumpkin

Pumpkin Season is here! Bins and Cartons are available. Contact your sales rep for more information.

Napa Cabbage

Local Napa cabbage season is in full swing. Great quality and affordable pricing! For more details, contact your sales rep.

Mixed Greens

Mixed Greens are in full swing now! Including local kale, radish, cilantro, parsley, dill, methi and more! Don't miss out!

Celery

Fresh arrivals from Snoboy and T&A will be available this coming week. Pricing is high as supply is decreasing.

Hot House Cucumbers

More supplies are available with more growers having more production. Pricing will be more stable. For more details, contact your sales rep.

Tomatoes

We are fully transitioned into the local season. Currently there is a mix of California and local. For more details, please contact your sales rep. We also have the 4x3 field tomato basket available.

Roma Tomatoes

Quality is good. We're in peak local season. It's a good time to promote. San Marzano is also available.



Hot House Tomatoes

Local hot house tomato production has increased with cooler weather in effect. All varieties are available in excellent quality. For more details, contact your sales rep.

Lettuce

The US and local market is steady, prices are starting to decrease. Quality is great!

Cucumbers

We are in the local season. Market supply is steady. It's a good time to promote.

Ginger

Fresh Chinese Ginger is in stock, along with organic Peruvian Ginger and Turmeric. For further information, contact your sales representative.

Loose Garlic

New shipments of premium Chinese garlic have arrived. Egyptian Purple Garlic season is about to end. Spanish Garlic season starting soon, around mid of September. For information, please reach out to your sales reps.

Beets

We have all local Red, Gold and Stripe Beets available. Quality is good. Contact your Sales Representative for more information.

Okra

We are sourcing premium Indian Okra and Baby Okra as required. For information, please reach out to your sales representative.



Carrots

We have transitioned to local carrots! Retail packs are available in all sizes. Jumbo Carrot sizing will be improving this week for food service use. Good time to promote with freshness and value!

Mushrooms

The market provides consistent pricing and quality for a range of local mushroom varieties, including White, Brown, Portabella, Oyster, and Shiitake. Additionally, specialty varieties can be ordered in advance. Contact your sales rep for details.

Onions

Washington Onions are looking great and availability and quality is top notch! We have good supply of Peruvian sweet onions. Local onion supply is dropping in price due to good availability.

Potatoes

Local new crop potatoes have started this week and they're looking great! Restaurant grade chef potatoes are available in small quantities, but will get better as supply increases.



Stock up
on your
Pumpkin for
the holidays!

Pumpkin Season is here!

Located in Scotland, Ontario,
Boot's Farms is a family run business
providing healthy produce
for over 30 years!

