

FRESH Updates

Week 47 & 48

November 21 & November 28



GAMBLES 



GOOD BUYS

- Lettuce
- Oranges
- Potatoes
- Kiwi (Gold)
- Carrots

Apples & Pears

Apples - New local crop is here! MacIntosh, Gala and Honeycrisp apples from Washington are available as well.

Pears - Good quality on Bartlett, Anjou, and Bosc pears. Pears from Washington are now available. Contact your sales representative for more information.

Kiwi

New Zealand gold and green Kiwi are currently in stock! The quality is excellent! First arrival of Italian Kiwi is next week . Contact your sales representative for details.



Avocados

All sizes are in good supply for next week. Quality is very nice! Keep promoting through November and December.

Papaya

New arrivals of size 10-12 Papaya from Mexico quality looks good.

For further details, please contact your sales representative.

Bananas & Plantains

We are keeping bananas fresh! Greener fruit for your shelf to keep longer shelf life at your stores.

Plantain supply is back to normal, Gambles still offers both GREEN and RIPE conditions.

Mangoes

Mangoes Red size 10's next week will be coming from Peru and Brazil. New arrivals on Ataulfo size 16's will be available next week. Contact your sales to reserve your mangoes today.

Melons

Cantaloupe & Honeydew: Melons will be very tight as we transition from California back to Arizona. Sizing will be favorable regular, Limited on jumbo.

Pineapples

Gambles offers the best quality pineapple in all sizes at best price!

All sizes are in stock! Talk to your sales rep ASAP to reserve your fruit!

Grapes

Green Grapes - East Coast retailers are showing more interest in imported green seedless, as California quality continues to run hot and cold. Although there are supplies of Peruvian green grapes on the East Coast, the volumes are not nearly enough to support a full transition. Weekly shipments from Peru are still running behind last year's pace and that trend will continue well into December.

Black Grapes - California still has decent volume on Black Grapes – those will be transitioned to Peruvian fruit in the upcoming week.

Red Grapes - With 3 more days of rain expected in California this week, any remaining red grapes still hanging on the vines will certainly be impacted. Quality of remaining fruit in cold storage is inconsistent. Retailers will be keeping a very close eye on California quality. Currently, there are very limited volumes of imported red grapes on the East Coast, but we will see increased arrivals right after Thanksgiving.

Strawberries

The market is escalating. Harvesting has been cancelled in California due to heavy rainfall. Florida supplies just started with light volume, Mexican supplies will help fill the void, but cannot meet full demand. Industry volume will not meet demand through the rest of this week in all growing regions.

Blueberries

Markets are stable. Quality in Mexico's growing region has improved, increasing yields. Peruvian shipments with abundant supplies on the market.

Clementines Easy Peelers

We will be starting this week with US Clementines from Sunkist. We are done with Chile and RSA clemis, there are still a few Queens from South Africa in stock. California Minneolas will be starting around Christmas time or shortly after.

Grapefruit

Florida is in full swing now. Prices are staying strong and quality is excellent on our "Rubies". Contact your sales rep for more information.

Stone Fruit

California is in the latter part of the stone fruit season – Red, Black plums and Peaches will be available for the next few weeks.

Raspberries

Expect level prices. Mexican quality is strong, fruit is firm with bold color. California's Watsonville growing region will end within the week.

Soft Tree

California **Persimmons** size 40-44 & 48/50VF will be available for next week – supply is good. Spanish Persimmons size 16's 22's and 6ct packs are now available quality looks good!

New supply of Egyptian **Pomegranates** have arrived size 7 & 10 quality looks good and sweet !

Blackberries

Expect prices to remain steady. California's Watsonville season is expected to finish within the week. Mexican supplies have begun to rebound after recent rain. Quality is improving, occasional soft fruit has been reported.

Oranges

RSA is winding down. We still have some fruit to clean up so see your sale rep for opportunities. Fukomotos from Sunkist California are available now. Juice oranges are in from Argentina and South Africa. We have a special feature on some South African fruit here. Be sure to check in with your sales rep for details. Cara Cara should start in another week. Bloods will be closer to Christmas time.

Lemons & Limes

Lemons: US fruit is solid now and volume is picking up. It looks like it will be another "Buyers market" this year as volumes will be high. Be sure to book your bags if needed. RSA & Chilean fruit are winding down. There is a few deals to be had to clean up. See your sales rep.

Limes: We are keeping our eyes on the lime market. Rains could cause a little havoc. Sweet limes have been moving well. We have Jumbo and Large sizes. Prices might increase.

Watermelon

Carton and Mini watermelons from Mexico are available quality is good.



- Avocados
- Ginger
- Pineapples
- Mushrooms
- Bananas

Hot House Peppers

Prices are slightly elevated. Local supply with limited production. Supply will slowly transition to Mexican products. For more details, please contact your sales rep.

Peppers

We have switched to Florida Peppers. Supply is steady. Prices might go up due to the US Holiday and quality is great.

Cauliflower

US market is low on availability due to weather conditions. Pricing might increase. Quality is looking good!

Broccoli

The US market is steady, there is more availability. Mexican crowns are available as well.

Green Beans

We have product from Florida and Mexico available. The Market is very active right now and prices are climbing up due to the US Holiday.

Corn

Fresh load from Florida is expected over the weekend, yellow and bi colour. Quality is good! Contact your sales rep.

Asparagus

Market is steady and pricing will be reasonable. We expect new arrivals of 11lbs LG from Mexico this weekend. Quality remains great!

Eggplant

Florida season is done. Mexico eggplant is available. Supply is low. Quality is great and Prices are high.

Celery

Fresh arrivals from Snoboy will be available this coming week. The market is picking up ahead of the U.S. holiday, so prices are up.

Salads

Lettuce/ Romaine/ based Salad (Food Service) pricing will increase more next week. Expecting larger shortage of supply. Some romaine-based retail salad kits (Caesar especially) are still showing quality issue. Transition starts next to Yuma and will be completed in two weeks.

Gambles is now offering MANNS label cut-veg products! Reach out to your sales to get more detail.

We are offering 8oz ON Leafy Salad in clamshell! The HAVEN GREENS label has 3 delicious varieties!

Baby Red & Green Leaf 4X8oz
Baby Green Leaf 4X8oz
Baby Spring Mix 4X8oz



Hard Squash

We have Mexico Squash available. Prices are higher than the usual. We have Acorn, Spaghetti, Butternut and Buttercup. Contact your sales rep for details.

Napa Cabbage

Local season is winding down, transitioning to USA Napa within the next month. For more details, contact your sales rep.

Mixed Greens

We will be loading from Texas for next week. Littlebear kale, radish, cilantro, parsley, dill, methi and more!

Zucchini

Mexico market is coming down. Weather is good, Quality is great. Prices are reasonable good time to promote.

Hot House Cucumbers

Price remains stable. Supply will slowly transition to Mexican products as local season is winding down with limited production. For more details, please contact your sales rep.

Tomatoes

We have Florida tomatoes currently. Market is steady. Slight issues with weather but the Quality is great. For more details, please contact your sales rep.

Roma Tomatoes

Market is still very active due to weather conditions. Mexican tomatoes are available. Prices are going up. Contact your sales rep for more information.



Hot House Tomatoes

Price remains stable. Supply will slowly transition to Mexican products as local season is winding down with limited production. For more details, please contact your sales rep.

Lettuce

The US Market is still low on availability due to weather restraints. Contact your sales rep for more information.

Cucumbers

We have Mexico Cucumbers coming in. Market supply is tight. Prices are high.

Ginger

Fresh Chinese Ginger is in stock, along with organic Peruvian Ginger and Turmeric. For further information, contact your sales representative.

Loose Garlic

New shipments of premium Chinese garlic have arrived. Spanish Garlic season has started. Quality is excellent! For more information, please reach out to your sales reps.

Beets

We have all local Red, Gold and Stripe Beets available. Quality is good. Contact your Sales Representative for more information.

Okra

We are sourcing premium Indian Okra and Baby Okra as required. For information, please reach out to your sales representative.



Carrots

We have transitioned to local carrots! Retail packs are available in all sizes. Jumbo Carrot sizing is great! Local carrot pricing is low, good time to promote with freshness and value!

Mushrooms

The market is steady with favourable pricing and great quality. Local varieties include traditional white, brown, portabella, oyster & shiitake. Local lion's mane, pioppini and king oyster are available for pre-order.

Onions

Washington Onions are looking great and availability and quality is top notch! We have good supply of Peruvian sweet onions. Local onion supply is dropping in price due to good availability.

Potatoes

Washington coloured potatoes have arrived and they look fantastic! Restaurant grade chef potatoes are available in small quantities, but will get better as supply increases. Due to drought conditions this year, larger potatoes will be harder to source this season.



**Whether sliced on top of salad,
served on a platter with your
favorite cheese or eaten
“au naturel”,**

ENVY[™] apple makes the
experience so much more
memorable and remarkable for
you and the ones you love.

